

THE DARING WAY™

SHOW UP | BE SEEN | LIVE BRAVE™



based on the research of Brené Brown

8 WEEK GROUP

led by

Jennifer Worth, LCSW, CDWF

Rose Wigodner, LCSW

9/10/2018 - 10/29/2018

at

Unity Temple on the Plaza

707 West 47th Street

Kansas City, MO 64112

price

Cost: \$480

Includes: Workbook and Light Snack



**"VULNERABILITY IS THE
BIRTHPLACE OF LOVE,
BELONGING, JOY,
COURAGE, EMPATHY,
ACCOUNTABILITY,
AND AUTHENTICITY."**

You are invited on a wholehearted journey of greater joy, courage, gratitude, and authenticity. This experience will help you quiet your inner critic, embrace your imperfections, and own your birthright of worthiness. We will learn how to gather the courage to live bravely and cultivate meaningful connections. The Daring Way™ was created with the primary focus on developing shame resilience skills and a courage practice of wholehearted living that transforms the way we live, love, and lead.

The 8 Week Group will meet from 6:30 pm - 8:30 pm

Registration limited to 12 participants

Payment can be made in full with a credit card or check made payable to Jennifer Worth MSW, LCSW, LLC

Minimum \$200 deposit required at time of registration

Full balance due September 10, 2018

Please email Rose Wigodner at rwigodner@medsecuremail.com to express interest and obtain the questionnaire and informed consent.

If you would like to speak to us about your interest, please call Jennifer Worth at 816-569-2802.



for more information:

816-569-2802 | rwigodner@medsecuremail.com |